

Hello Bear Families,

The staff at Ursa Minor have been working around the clock during this national crisis to set up supplemental instruction for students. Our teachers and staff wanted to share some quick messages with their students and families. Please take a second to read them. *Report cards will be visible on your child's Zangle account on Saturday.* If you ever have any questions or need to gain access to come pick up any items left behind, please call 907-428-131. Thank you for your support during this time!

The Pre-K team hopes that all of our families are doing well during this extended time out of school. We hope to see you all soon. When we see each other again, we will begin our study of signs. Take this time to think about what information signs give us. Remember to be kind to others...it will make you sparkle.

-Mrs. Roscoe and Mrs. Doxtater

we miss you all! Remember to follow the class rules wherever you are and use your words.

Love, Mrs. Moses and Mrs. B.

From Mrs. Kehr & Mrs. Foley-

Our sweet kinders, We miss you all so much and We can't wait until we are back together in room 16 again. Keep reading, playing, and exploring. I'm only a phone call away if you need me. Remember- be kind, respectful, and responsible and we will see you soon :)

URSA MINOR ELEMENTARY

We really miss all the students and we hope you and your family is staying healthy. We will continue to connect with each family through email and phone calls during this time. If you have any questions or concerns just contact either one of us. Our first grade students are so important and we love you all. Don't forget to get on Math Whizz and Lexia!

-Mrs. McComas and Mrs. Currier

Hello second graders!

We just wanted to let you know we miss being in the classroom with you all each day and cannot wait to see you again. Even though you're not in school right now, we hope you are challenging your brain by continuing to read each day, logging on to LEXIA, MathWhizz, and most importantly, enjoying this time home with your loved ones.

Families, the second-grade teachers are teaming up to create a virtual classroom for all our students to access. By next week we should have it up and running with resources for you to utilize at home during this time of closure. Note, nothing is mandatory at this time but these could be helpful for you in keeping a routine at home. Please continue to check your teacher's regular communication app for updates as well as your email.

Together, we can do this!

Warmly, Ms. Bautista and Ms. Smith

Ms. Larson wishes all her families to be in good health and to use this time for family connection.

I also want to add I am so grateful to work with a group of parents who are engaged with their child's well being and education.

It is wonderful to be an Ursa Minor teacher!



Hello Families, it was so great talking with you these past couple of days! It was really nice to connect with you and hear how you are doing! I really miss the kids and hope we are back in the classroom together soon! If you need anything or have any questions, please reach out to me - I am here to help you. Remember, keeping a schedule and predictable routine will help bring a sense of normalcy to your child in these unpredictable days! Remember to get outside and play! Stay healthy and I hope to see you soon! **Mr. Shea & Mrs. Price**

> From Ms. Hodges-Parents, it was great to hear from you and the kiddos! Please check ClassDojo daily and reach out if you need any support in your home learning adventure. We got this!

Mr. Uson's Family of Learners:

I've succeeded in sending an email to your families through Q. It was a gentle reminder to continue doing the Pre-Spring activities. I've requested that you use your daily writing journal to write about the concerns that you might have with COVID-19. Writing about it might help relief the stress. Wishing you all WELLNESS.

Joe Uson

URSA MINOR ELEMENTARY

Hello 5th and 6th Graders,

We hope that you are all staying safe and healthy. Although we can't be together in the classroom right now, we want you to find fun and creative ways to keep learning and moving forward. The Ursa Minor Weblocs is a perfect place to explore while you have the extra time. bit.ly/umweblocs

Also, be looking for emails from us that will give you direction and suggestions for structure, daily schedules, and learning sites. Finally, don't forget to get outside to get some daily exercise and fresh air! We hope to see you all again very soon!

-5th and 6th grade teachers

As a side note, we are currently undergoing some staff changes. Mrs. Brown will not be returning to Ursa Minor Elementary this year. We are in the process of getting a long term sub to finish the year. We will all miss Mrs. Brown and wish her the very best! Thank you for all you've done for our school!!

Hello from the School Counselor, I encourage you to Be Respectful, Be Gentle, Be Honest, and Be Considerate. Try to find a block of time to sit down to share things you are thankful for and paraphrase the thoughts and feelings of each family member. Please email me if your child would appreciate a check in from the school counselor. I will try to respond in a timely manner. My email is butcher_heather@asdk12.org. I wish you well during these challenging times. Heather Butcher School Counselor Ursa Minor/Ursa Major #Helping the whole Child be Successful

URSA MINOR ELEMENTARY

Wonderful Ursa Minor Students ~ I miss you and our special times reading and learning together! Though we're not face to face yet, I thought you'd enjoy some online reading of e-books using SORA. Please click on the Sora app link below to watch the demonstration video.

 Click in your browser this how-to Sora site titled, "Getting started with Sora"

https://help.overdrive.com/en-us/2220.htm

2) Next, click on the words: "Watch the Sora video"

3) Follow the steps listed below the video.

Please note: **no school code is needed** - simply type in Anchorage School District.

4) If you need help you may click on the words "Sora Help" shown at the bottom of step 4.

Please keep a log of the books you read AND the number of pages you've read! I look forward to hearing about what you've read and taking time out for you to share your favorite reads with your classmates once you return!

Best Wishes & Keep On Reading ~ Ms. Wilkins



handwashing! Visit <u>https://youtu.be/8-6oda3yNjs</u> to check out the Henry the Hand video!

Nurse Kathi would love everyone to continue to practicing great

Hand washing tips:

- 1. Water
- 2. Soap
- 3. Friction
- 20 seconds
- 5. Rinse
- 6. Dry hands with paper towel
- 7. Turn off water with paper towel.





Richelle Lay lay_richelle@asdk12.org K-6 Health/Social Emotional Learning

To my students & families,

I want you to know that I miss you very much. I know many of you may be feeling a variety of emotions during this time, know that you are not alone and we are here for you. I want to encourage you to stay positive, stay connected with your loved ones and find ways to take ownership of your education. As we move through uncharted waters please find ways to be active indoors and outdoors while practicing social distancing.

Optional Health Activities:

-For 3 days, journal with pictures and words about your healthy habits. Include food, exercise, and sleep

-Draw a hand washing picture. Include steps. Watch BrainPOPjr on hand washing for more information if you are able to go online.

-Cut out and glue, or draw and color a MyPlate picture showing healthy foods for each food group. Watch BrainPOPjr on MyPlate for more information if you are able to go online.

I would love it if you are able to send me photos or videos of you washing your hands, ways you are being active, and healthy snacks you've made so that I can see you and all the healthy things in which you have been taking part! I miss you all and would love to hear/see how you are doing. Let me know if I can give you more supplemental information on ways to be healthy and active. Please feel free to email me with any questions that I may be able to answer at this time.

March Monthly Theme: Human Growth and Development Parent Newsletters- These are the topics that we would be covering in Health Classes this week and next week 3/16-3/27

Grade	к	1 st Grade	2 nd Grade	3 rd Grade	4 th Grade	5 th Grade	6 th Grade
Торіс	Keep Clean and Healthy	Happy, Sad and In Between	Babies: How You Grew	Your Family, My Family	Be Cool, Keep Clean	Growing Up	The Reproductive System
Link to Parent Bulletin	<u>https://g</u> <u>oo.gl/g6</u> <u>E33Y</u>	https://go o.gl/VY9 <u>1ic</u>	<u>https://go</u> o.gl/5Qzk <u>Ze</u>	<u>https://goo</u> .gl/bSifM6	<u>https://</u> goo.gl/ <u>Er6Zg</u> <u>Z</u>	https://go o.gl/6n7A ec	<u>https://goo.gl/</u> <u>xRi6e6</u>



Hope everyone is doing well and keeping healthy eating habits and doing what they can to stay ACTIVE. I am currently putting together a site that will have some activities for you to do with or have you kids do to encourage physical activity at home it will be on our weblocs and I will be updating and making it better as we go remember try and get 54 minutes of physical activity a day and I will be thinking of you.

James Linderman

